


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	April Fool's Day! 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 1 11:00am 🧘 Chair Yoga (MT) 1:00pm 🛍️ Shopping Outing-Centerra (L) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Giant Yahtzee (BLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Wordsearch (VLC)	National Peanut Butter & Jelly Day Transportation Day (Fort Collins) 2 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎈 Sunshine House Kid Visit (GAR) 11:00am 🏃 Gym Exercise (MT) 1:00pm 🥜 Peanut Butter & Jelly Challenge (VLC) 2:00pm 🐾 NOCO Humane Charity-Animal Toy Making (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Mexican Train (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧩 Sudoku (VLC)	Capstone at Centerra's 1 year Anniversary! 3 10:00am 🙏 Rosary Prayer Group & Communion (CDR) 10:30am 🎷 Bellacordion 11:30am 🎭 Scotty Bondo Mime 1:00pm 🎵 Amy Biordo Duo Live Music 2:30pm 🎨 Painting in Paris with Haley 3:30pm 🗝️ Gold Key Event- Meet the new residents! (BTDR) 6:00pm 📖 Evening Crossword (VLC)	National Vitamin C Day Transportation Day (Loveland) 4 10:00am 📖 Protestant Bible Study with Grant (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🎵 Resistance Band Exercise-with Jaxon (MT) 1:00pm 🎨 Art Studio-with Haley (VLC) 2:00pm 🍽️ Food for Thought- with Chef Nancy (BTDR) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Poker-5 Card Draw (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧠 Cranium Crunches (VLC)	National Road Map Day 5 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Pilates (MT) 1:00pm 🗺️ Travel Map Craft (VLC) 2:00pm 🎵 Group Karaoke- with Jaxon (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bingo with Prizes! (BTDR) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🎲 Dot to Dot (VLC)	National Tartan Day 6 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎲 Men's Group with Jaxon (VLC) 11:00am 🏃 Strength Training (MT) 1:00pm 🎨 Tartan Plaid Coaster Craft (VLC) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bunco (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🕵️ Junk Drawer Detective (VLC)	
	World Health Day 7 10:00am 🙏 Catholic Mass (MT) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Zumba (VLC) 1:00pm 🌟 Intouch Ministries with Ken (MT) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 HedBandz (DB) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Thank You Card Creation for Staff (VLC)	Culture Week- April in Paris 8 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Yoga (MT) 1:00pm 🛍️ Shopping Outing-Walmart (Timnath) (L) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Giant Yahtzee (BLC) 3:30pm 📷 Photo Booth - Take pictures with friends (L) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Wordsearch (VLC)	Culture Week- April in Paris Transportation Day (Fort Collins) 9 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎈 Sunshine House Kid Visit (GAR) 11:00am 🏃 Gym Exercise (MT) 12:00pm 🏥 Vitals Clinic with Canyon (VLC) 1:00pm 🎨 Face Painting (VLC) 2:00pm 🐾 NOCO Humane Charity-Animal Toy Making (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Mexican Train (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧩 Sudoku (VLC)	Culture Week- April in Paris 10 10:00am 🙏 Rosary Prayer Group & Communion (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:45am 🍽️ Lunch Bunch Outing (L) 11:00am 🌿 Aromatherapy & Meditation (VLC) 1:00pm 🎨 DIY French Macaron Ornaments (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🧠 Color Brain Game (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Crossword (VLC)	Culture Week- April in Paris Transportation Day (Loveland) 11 10:00am 📖 Protestant Bible Study with Grant (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🎵 Resistance Band Exercise-with Jaxon (MT) 1:00pm 🎨 Parisian Painting (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Poker-5 Card Draw (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧠 Cranium Crunches (VLC)	Culture Week- April in Paris 12 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Pilates (MT) 1:00pm 🎬 Madeline the Movie (MT) 2:00pm 🎵 Group Karaoke- with Jaxon (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bingo with Prizes! (BTDR) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🎲 Dot to Dot (VLC)	National Scrabble Day 13 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎲 Men's Group with Jaxon (VLC) 11:00am 🏃 Strength Training (MT) 1:00pm 🎲 Scrabble (VLC) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bunco (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🕵️ Junk Drawer Detective (VLC)
	National Dolphin Day! 14 10:00am 🙏 Catholic Mass (MT) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Zumba (VLC) 1:00pm 🐬 Dolphin Necklace Craft (VLC) 1:00pm 🌟 Intouch Ministries with Ken (MT) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 HedBandz (DB) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Thank You Card Creation for Staff (VLC)	Titanic Remembrance Day 15 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Yoga (MT) 1:00pm 🗓️ Vibrant Life Monthly Meeting (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Giant Yahtzee (BLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🎬 Titanic Documentary (MT) 6:00pm 📖 Evening Wordsearch (VLC)	National Wear Your Pajamas to Work Day Transportation Day (Fort Collins) 16 10:00am 🏥 DME Clinic (VLC) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎈 Sunshine House Kid Visit (GAR) 11:00am 🏃 Gym Exercise (MT) 1:00pm 🎨 Best Pajama Contest! (BTDR) 2:00pm 🐾 NOCO Humane Charity-Animal Toy Making (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Mexican Train (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧩 Sudoku (VLC)	National Banana Day 17 10:00am 🙏 Rosary Prayer Group & Communion (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:45am 🍽️ Lunch Bunch Outing (L) 11:00am 🌿 Aromatherapy & Meditation (VLC) 1:00pm 🍌 Make Banana Sushi (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🧠 Color Brain Game (VLC) 3:00pm 🗳️ Resident Council Meeting (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Crossword (VLC)	National Exercise Day Transportation Day (Loveland) 18 10:00am 📖 Protestant Bible Study with Grant (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🗓️ Sign up for Path to Wellness Group (CG) 11:00am 🎵 Resistance Band Exercise-with Jaxon (MT) 1:00pm 🎨 Art Studio-with Haley (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Poker-5 Card Draw (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧠 Cranium Crunches (VLC)	Bicycle Day 19 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Pilates (MT) 1:00pm 🚲 Bicycle Wheel Craft (VLC) 2:00pm 🎵 Group Karaoke- with Jaxon (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bingo with Prizes! (BTDR) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🎲 Dot to Dot (VLC)	National Record Store Day 20 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎲 Men's Group with Jaxon (VLC) 11:00am 🏃 Strength Training (MT) 1:00pm 🎵 Favorite Record Reminisce Social (VLC) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bunco (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🕵️ Junk Drawer Detective (VLC)
	National Tea Day 21 10:00am 🙏 Catholic Mass (MT) 10:00am 🌟 Saint John the Evangelist Catholic Parish (V) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Zumba (VLC) 1:00pm 🌟 Intouch Ministries with Ken (MT) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 HedBandz (DB) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Thank You Card Creation for Staff (VLC)	Earth Day 22 10:00am 🏥 Hearing Health Care Center- Hearing Aid Clinic (MT) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Yoga (MT) 1:00pm 🛍️ Shopping Outing-Buc Ee's (L) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Giant Yahtzee (BLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Wordsearch (VLC)	World Table Tennis Day Transportation Day (Fort Collins) 23 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎈 Sunshine House Kid Visit (GAR) 11:00am 🏃 Gym Exercise (MT) 1:00pm 🎨 Bubble Tea Social (DB) 2:00pm 🐾 NOCO Humane Charity-Animal Toy Making (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Mexican Train (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧩 Sudoku (VLC)	Denim Day-Wear Jeans! 24 10:00am 🙏 Rosary Prayer Group & Communion (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:45am 🍽️ Lunch Bunch Outing (L) 11:00am 🌿 Aromatherapy & Meditation (VLC) 1:00pm 🧵 Denim Craft (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🧠 Color Brain Game (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Crossword (VLC)	Red Hat Society Day Transportation Day (Loveland) 25 10:00am 📖 Protestant Bible Study with Grant (CDR) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🎵 Resistance Band Exercise-with Jaxon (MT) 1:00pm 🎨 Red Hat Craft (VLC) 1:00pm 🎨 Art Studio-with Haley (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Poker-5 Card Draw (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧠 Cranium Crunches (VLC)	Live Long & Prosper Day 26 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Pilates (MT) 1:00pm 🎂 Birthday Celebration with Live Music! (GDR) 2:00pm 🎵 Group Karaoke- with Jaxon (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bingo with Prizes! (BTDR) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🎲 Dot to Dot (VLC)	World Theater Day 27 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎲 Men's Group with Jaxon (VLC) 11:00am 🏃 Strength Training (MT) 2:00pm 🎲 Weekend Matinee (MT) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Bunco (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🕵️ Junk Drawer Detective (VLC)
	National Superhero Day 28 10:00am 🙏 Catholic Mass (MT) 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Zumba (VLC) 1:00pm 🌟 Intouch Ministries with Ken (MT) 2:00pm 🎲 Weekend Matinee (MT) 2:15pm 🎵 Loveland Concert Band Outing (V) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 HedBandz (DB) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Thank You Card Creation for Staff (VLC)	World Wish Day 29 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 11:00am 🧘 Chair Yoga (MT) 1:00pm 🛍️ Shopping Outing-Promenade (L) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Giant Yahtzee (BLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 📖 Evening Wordsearch (VLC)	National Bubble Tea Day Transportation Day (Fort Collins) 30 10:15am ☕ Coffee & Chat with Vibrant Life! (VLC) 10:30am 🎈 Sunshine House Kid Visit (GAR) 11:00am 🏃 Gym Exercise (MT) 1:00pm 🎨 Bubble Tea Social (DB) 2:00pm 🐾 NOCO Humane Charity-Animal Toy Making (VLC) 2:30pm 🎲 Skip Bo (VLC) 3:00pm 🎲 Mexican Train (VLC) 3:30pm 🚶 Afternoon Walk-record your steps! (L) 6:00pm 🧩 Sudoku (VLC)	LOCATION Big Thompson Dining Room (BTDR) Boyd Lake Courtyard (BLC) Capstone Gym (CG) Chipeta Dining Room (CDR) Dave's Bistro (DB) Gen Activity Room (GAR) Gen Dining Room (GDR) Lobby (L) Majestic Theatre (MT) Van (V) Vibrant Life Center (VLC)	ACTIVITY LEGEND 🍌 Be Adventurous 🧘 Be Challenged 🎲 Be Connected 🎵 Be Family 🌟 Be Inspired 🎨 Be Social 🏃 Be Well 🎲 One Challenge 🙏 One Reflection 🚶 One Step 📖 Vibrant Life Inspires 🍽️ Food For Thought	