


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	April Fool's Day! 1 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Zumba (GAR) 1:30pm 🎨 Art Therapy (Expressive Design) (GAR) 2:30pm 🎭 Hangman (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Comedy Night (GLR)	National Peanut Butter & Jelly Day 2 Transportation Day (Fort Collins) 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Yoga (GAR) 1:30pm 🍴 Culinary Creations (GAR) 2:30pm 📖 Poet's Corner (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Zoo (GAR)	Capstone at Centerra's 1 year Anniversary! 3 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎹 Bellaccordion 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 11:30am 🎭 Scotty Bondo Mime 1:00pm 🎤 Amy Biondo Duo Live Music 1:30pm 🎭 Raise The Curtain (GAR) 2:30pm 🎨 Painting in Paris with Haley 2:30pm 🎲 Fortune Roulette (GAR) 3:30pm 🗝️ Gold Key Event- Meet the new residents! (BTDR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Podcasts (GAR)	National Vitamin C Day 4 Transportation Day (Loveland) 9:30am ☀️ Rise & Shine (GDR) 10:00am 🎭 Virtual Memory Cafe with Dementia Together (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 1:30pm 🍴 Culinary Creations (GAR) 2:00pm 🎭 Gen-Narrations (GAR) 2:30pm 🧠 Trivia-Memory Co (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Tour (GAR)	National Road Map Day 5 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 10:30am 🗝️ Never Stop Exploring Scenic Morning Drive (GL) 1:30pm 🧘 Aromatherapy & Hand Massage (GAR) 2:00pm 📖 Short Stories (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Friday Night Film (GAR)	National Tartan Day 6 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Morning Chair Exercise (GAR) 1:30pm 🍴 Culinary Creations-Tea Party (GDR) 2:00pm 🎭 Bingo with Prizes! (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 📖 Documentaries (GAR)
	World Health Day 7 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 📖 Word Peck (Memory Co) (GAR) 2:30pm 🎭 Simon Says (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Night Devotional (GLR)	Culture Week- April in Paris 8 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Zumba (GAR) 1:30pm 🎨 Art Therapy (Expressive Design) (GAR) 2:30pm 🎭 Family Feud (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Comedy Night (GLR)	Culture Week- April in Paris 9 Transportation Day (Fort Collins) 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Yoga (GAR) 1:30pm 🍴 Culinary Creations (GAR) 2:30pm 📖 Poet's Corner (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Zoo (GAR)	Culture Week- April in Paris 10 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 🎲 Ring Toss (GAR) 2:30pm 🎲 Fortune Roulette (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Podcasts (GAR)	Culture Week- April in Paris 11 Transportation Day (Loveland) 9:30am ☀️ Rise & Shine (GDR) 10:00am 🎭 Virtual Memory Cafe with Dementia Together (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 1:30pm 🍴 Culinary Creations (GAR) 2:00pm 🎭 Gen-Narrations (GAR) 2:30pm 🧠 Trivia-Memory Co (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Tour (GAR)	Culture Week- April in Paris 12 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 10:30am 🗝️ Never Stop Exploring Scenic Morning Drive (GL) 1:30pm 🧘 Aromatherapy & Hand Massage (GAR) 2:00pm 📖 Short Stories (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Friday Night Film (GAR)
National Dolphin Day! 14 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 🎯 Axe Throwing Competition (GAR) 2:30pm 🎭 Simon Says (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Night Devotional (GLR)	Titanic Remembrance Day 15 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Zumba (GAR) 1:00pm 🎭 Memory Café (In Person) (GAR) 1:30pm 🎨 Art Therapy (Expressive Design) (GAR) 2:30pm 🎭 Hangman (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Comedy Night (GLR)	National Wear Your Pajamas to Work Day 16 Transportation Day (Fort Collins) 9:30am ☀️ Rise & Shine (GDR) 10:00am 🏥 DME Clinic (VLC) 10:30am 🎤 Sunshine House Kid Visit (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Yoga (GAR) 1:30pm 🍴 Culinary Creations (GAR) 2:30pm 📖 Poet's Corner (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Zoo (GAR)	National Banana Day 17 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 🎭 Raise The Curtain (GAR) 2:30pm 🎲 Fortune Roulette (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Podcasts (GAR)	National Exercise Day 18 Transportation Day (Loveland) 9:30am ☀️ Rise & Shine (GDR) 10:00am 🎭 Virtual Memory Cafe with Dementia Together (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 1:30pm 🍴 Culinary Creations (GAR) 2:00pm 🎭 Gen-Narrations (GAR) 2:30pm 🧠 Trivia-Memory Co (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Tour (GAR)	Bicycle Day 19 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 10:30am 🗝️ Never Stop Exploring Scenic Morning Drive (GL) 1:30pm 🧘 Aromatherapy & Hand Massage (GAR) 2:00pm 📖 Short Stories (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Friday Night Film (GAR)	National Record Store Day 20 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Morning Chair Exercise (GAR) 1:30pm 🍴 Culinary Creations-Tea Party (GDR) 2:00pm 🎭 Bingo with Prizes! (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 📖 Documentaries (GAR)
National Tea Day 21 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 📖 Word Peck (Memory Co) (GAR) 2:30pm 🎭 Simon Says (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Night Devotional (GLR)	Earth Day 22 9:30am ☀️ Rise & Shine (GDR) 10:00am 🏥 Hearing Health Care Center-Hearing Aid Clinic (MT) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Zumba (GAR) 1:30pm 🎨 Art Therapy (Expressive Design) (GAR) 2:30pm 🎭 Family Feud (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Comedy Night (GLR)	World Table Tennis Day 23 Transportation Day (Fort Collins) 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Sunshine House Kid Visit (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Yoga (GAR) 1:30pm 🍴 Culinary Creations (GAR) 2:30pm 📖 Poet's Corner (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Zoo (GAR)	Denim Day-Wear Jeans! 24 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 🎲 Ring Toss (GAR) 2:30pm 🎲 Fortune Roulette (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Podcasts (GAR)	Red Hat Society Day 25 Transportation Day (Loveland) 9:30am ☀️ Rise & Shine (GDR) 10:00am 🎭 Virtual Memory Cafe with Dementia Together (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 1:30pm 🍴 Culinary Creations (GAR) 2:00pm 🎭 Gen-Narrations (GAR) 2:30pm 🧠 Trivia-Memory Co (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Tour (GAR)	Live Long & Prosper Day 26 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 10:30am 🗝️ Never Stop Exploring Scenic Morning Drive (GL) 1:00pm 🎭 Birthday Celebration with Live Music! (GDR) 1:30pm 🧘 Aromatherapy & Hand Massage (GAR) 2:00pm 📖 Short Stories (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Friday Night Film (GAR)	World Theater Day 27 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Morning Chair Exercise (GAR) 1:30pm 🍴 Culinary Creations-Tea Party (GDR) 2:00pm 🎭 Bingo with Prizes! (GAR) 2:30pm 🎭 Gen-Narrations (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 📖 Documentaries (GAR)
National Superhero Day 28 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Dance Fitness (GAR) 1:30pm 🎯 Axe Throwing Competition (GAR) 2:15pm 🎭 Loveland Concert Band Outing (V) 2:30pm 🎭 Simon Says (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Night Devotional (GLR)	World Wish Day 29 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Zumba (GAR) 1:30pm 🎨 Art Therapy (Expressive Design) (GAR) 2:30pm 🎭 Hangman (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🎭 Comedy Night (GLR)	National Bubble Tea Day 30 Transportation Day (Fort Collins) 9:30am ☀️ Rise & Shine (GDR) 10:30am 🎤 Sunshine House Kid Visit (GAR) 10:30am 🎤 Tune into Me/Karaoke (GLR) 11:00am 🧘 Chair Yoga (GAR) 1:30pm 🍴 Culinary Creations (GAR) 2:30pm 📖 Poet's Corner (GAR) 3:30pm 🌞 Afternoon Roll & Stroll Walking (GL) 5:00pm 🦋 Virtual Zoo (GAR)	LOCATION Big Thompson Dining Room (BTDR) Gen Activity Room (GAR) Gen Dining Room (GDR) Gen Living Room (GLR) Gen Lobby (GL) Majestic Theatre (MT) Van (V) Vibrant Life Center (VLC)	ACTIVITY LEGEND 🗝️ Be Adventurous 🎯 Be Challenged 🎨 Be Connected 🎭 Be Family 🎤 Be Inspired 🦋 Be Social 🌞 Be Well ☀️ One Reflection	